I am familiar with the risk of serious injury including death which all participants in the Program must assume; I am physically, emotionally and mentally able to participate and my equipment is mechanically fit for use; I understand that all applicable rules and regulations must be followed at all times and that the sole responsibility for my safety remains with me; I will immediately remove myself from participation and notify the nearest official if at any time I sense or observe any unusual hazard or unsafe conditions or if I feel that I am experiencing deterioration in my physical, emotional or mental fitness for continued participation. By signing this game day roster form I hereby declare and take oath that I am qualified to play adult ice hockey under the current Province of British Columbia’s Provincial Health Orders.

**THE PROGRAM** www.Adult Ice Hockey Club.com (AIHC) is owned and operated by City Gate Contracting Ltd (CGCL) By signing this Game Day Roster/Registration form, I hereby acknowledge that I have become a member of the Program to participate in all activities of the AIHC, I understand that there are no refunds available to me should I decide to quit the Program and or become Injured. I further accept all risks of injury, sickness or death associated with playing the game of ice hockey. The Program and CGCL are not responsible for any costs incurred as a result of any injury, sickness or death including any Covid-19 related outbreak, sickness or death that may occur while playing the game of ice hockey. I acknowledge that I have joined the Program as a participant and understand that I am to provide my own medical, dental and any disability coverage should I become injured or sick through participation in the Program. The game of ice hockey has a high degree of serious injury, sickness and/or potential death and all participants take on full risks, injury, health and death. I have voluntarily signed the Game Day Roster form to participate in the Program.

I understand and agree on behalf of my heirs, assigns, personal representatives and next of kin that my participation in this Program and my execution of this document constitutes: AN UNQUALIFIED ASSUMPTION OF ALL RISKS associated with participation in this Program by me even if arising from negligence, or gross negligence, including any compounding or aggravation of injuries caused by negligent rescue operations or procedures, of any program organizer and any persons associated therewith or participating there in, and A FULL AND FINAL RELEASE AND WAIVER OF LIABILITY of the Program organizer and all persons and organizations associated with it and the Program including, without limiting the generality of the foregoing, its officers, directors, officials, agents, and/or employees, other participants, sponsors, advertisers, owners and/or lessors of the premises, used to conduct the Program, sanctioning bodies, medical or rescue personnel (the “RELEASES”), of and from with respect to all injury, disability, death and/or loss or damage to person or property whether arising from negligence, or negligent rescue of or by the foregoing or otherwise, and AN UNDERSTANDING NOT TO SUE THE RELEASES for any loss, injury costs or damages of any form or type, whosoever caused or arising, whether directly or indirectly from participation of myself in the Program, and AN AGREEMENT TO INDEMNIFY, and to SAVE and HOLD HARMLESS the RELEASES, and each of them, from any litigation expense, legal fees, liability, damage, award or cost, of any form or type whatsoever, they may incur due to a claim made against them or any one of them whether the claim is based on negligence or gross negligence of the RELEASES or otherwise. I have read this document thoroughly. I understand that the RELEASES are relying upon my warranties, assumptions, waiver and release, undertakings and agreements when accepting my participation in this Program. I understand that by signing this document I give up substantial rights I would otherwise have. I sign this document voluntarily and without inducement.

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